

Portland Sandwich



Triangle Beef Turkey & Cheddar

Nutrition Facts	
Serving Size: 1 Sandwich (224g)	
Servings Per Container: 1	
Amount Per Serving	
Calories 530	Calories from Fat 220
% Daily Value*	
Total Fat 24g	37%
Saturated Fat 7g	35%
<i>Trans</i> Fat 0g	
Cholesterol 60mg	20%
Sodium 1380mg	58%
Total Carbohydrate 55g	18%
Dietary Fiber 6g	24%
Sugars 7g	
Protein 27g	
Vitamin A 4%	Vitamin C 0%
Calcium 15%	Iron 25%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g

INGREDIENTS: BREAD (ENRICHED UNBLEACHED WHEAT FLOUR (WHEAT & MALTED BARLEY FLOURS, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, CRUSHED WHEAT NUGGETS, WHOLE WHEAT FLOUR, WHEAT BRAN, HONEY, YEAST, VITAL WHEAT GLUTEN, 2% OR LESS OF: RYE FLOUR, VEGETABLE OIL (CANOLA &/OR SOY), SALT, HIGH FRUCTOSE CORN SYRUP, MOLASSES, RAISIN JUICE CONCENTRATE, DISTILLED VINEGAR, YEAST NUTRIENT (AMMONIUM SULPHATE), DOUGH CONDITIONERS (MONO-DIGLYCERIDES, SODIUM STEAROYL LACTYLATE, ASCORBIC ACID, MONOCALCIUM PHOSPHATE), CARAMEL COLOR, CALCIUM SULFATE, ENZYMES, NONFAT DRY MILK, SOY FLOUR), BEEF, TURKEY (CURED WITH WATER, TURKEY BREAST, WHITE TURKEY, CULTURED SUGAR & VINEGAR, SALT, HYDROLYZED CORN PROTEIN, MODIFIED FOOD STARCH, POTASSIUM AND SODIUM PHOSPHATES, DEXTROSE, SUGAR, NATURAL FLAVORINGS, CARAMEL COLOR, DRIED BEEF STOCK, MALTODEXTRIN, PAPRIKA, 2% OR LESS OF: SODIUMS (CITRATE, DIACETATE), CARRAGEENAN), CHEDDAR CHEESE (CULTURED MILK, SALT, ENZYMES, ANNATTO (COLOR)), MAYONNAISE (SOY OIL, CORN SYRUP, WATER, WHOLE EGG, EGG YOLKS, DISTILLED VINEGAR, 2% OR LESS OF: SALT, SPICE, LEMON JUICE CONCENTRATE).

CONTAINS: EGG, SOY, MILK, WHEAT



TRIANGLE BEEF TURK & CHED - 123170

Portland Sandwich Co. Portland, OR 97220