

Portland Sandwich



Thick Tuna & Cheddar

Nutrition Facts

Serving Size: 1 Sandwich (273g)

Servings Per Container: 1

Amount Per Serving

Calories 640 **Calories from Fat** 300

% Daily Value*

Total Fat 33g **51%**

Saturated Fat 7g **35%**

Trans Fat 0g

Cholesterol 60mg **20%**

Sodium 1050mg **44%**

Total Carbohydrate 60g **20%**

Dietary Fiber 6g **24%**

Sugars 13g

Protein 29g

Vitamin A 40% • Vitamin C 4%

Calcium 15% • Iron 25%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

INGREDIENTS: TUNA SALAD (TUNA FISH, WATER, VEGETABLE BROTH, SALT, MAYONNAISE (SOY OIL, CORN SYRUP, WATER, WHOLE EGG, EGG YOLKS, DISTILLED VINEGAR, 2% OR LESS OF: SALT, SPICE, LEMON JUICE CONCENTRATE), SWEET RELISH (CUCUMBERS, HIGH FRUCTOSE CORN SYRUP, VINEGAR, SALT, MUSTARD & CELERY SEED, XANTHAN GUM, SODIUM BENZOATE (PRESERVATIVE), ALUM, TURMERIC, SPICES, NATURAL FLAVORS, POLYSORBATE 80, YELLOW 5, BLUE 1), CELERY), BREAD (ENRICHED UNBLEACHED WHEAT FLOUR (WHEAT & MALTED BARLEY FLOURS, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, CRUSHED WHEAT NUGGETS, WHOLE WHEAT FLOUR, WHEAT BRAN, HONEY, YEAST, VITAL WHEAT GLUTEN, 2% OR LESS OF: RYE FLOUR, VEGETABLE OIL (CANOLA &/OR SOY), SALT, HIGH FRUCTOSE CORN SYRUP, MOLASSES, RAISIN JUICE CONCENTRATE, DISTILLED VINEGAR, YEAST NUTRIENT (AMMONIUM SULPHATE), DOUGH CONDITIONERS (MONO-DIGLYCERIDES, SODIUM STEAROYL LACTYLATE, ASCORBIC ACID, MONOCALCIUM PHOSPHATE), CARAMEL COLOR, CALCIUM SULFATE, ENZYMES, NONFAT DRY MILK, SOY FLOUR), LEAF LETTUCE, CHEDDAR CHEESE (CULTURED MILK, SALT, ENZYMES, ANNATTO (COLOR)).

CONTAINS: EGG, SOY, MILK, WHEAT, SEAFOOD



THICK TUNA & CHEDDAR - 125785

Portland Sandwich Co. Portland, OR 97220