

Portland Sandwich



Thick Egg Salad

Nutrition Facts

Serving Size: 1 Sandwich (256g)

Servings Per Container: 1

Amount Per Serving

Calories 690 **Calories from Fat** 410

% Daily Value*

Total Fat 45g **69%**

Saturated Fat 8g **40%**

Trans Fat 0g

Cholesterol 345mg **115%**

Sodium 930mg **39%**

Total Carbohydrate 55g **18%**

Dietary Fiber 6g **24%**

Sugars 8g

Protein 19g

Vitamin A 30% • Vitamin C 4%

Calcium 4% • Iron 25%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

INGREDIENTS: EGG SALAD (EGG, MAYONNAISE (SOY OIL, CORN SYRUP, WATER, WHOLE EGG, EGG YOLKS, DISTILLED VINEGAR, 2% OR LESS OF: SALT, SPICE, LEMON JUICE CONCENTRATE), YELLOW & DIJON MUSTARD (DISTILLED VINEGAR, WATER, MUSTARD SEED, SALT, TURMERIC, CHARDONNAY WINE, PAPRIKA, SPICE, CITRIC & TARTARIC ACID, NATURAL FLAVORS & GARLIC POWDER), BREAD (ENRICHED UNBLEACHED WHEAT FLOUR (WHEAT & MALTED BARLEY FLOURS, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, CRUSHED WHEAT NUGGETS, WHOLE WHEAT FLOUR, WHEAT BRAN, HONEY, YEAST, VITAL WHEAT GLUTEN, 2% OR LESS OF: RYE FLOUR, VEGETABLE OIL (CANOLA &/OR SOY), SALT, HIGH FRUCTOSE CORN SYRUP, MOLASSES, RAISIN JUICE CONCENTRATE, DISTILLED VINEGAR, YEAST NUTRIENT (AMMONIUM SULPHATE), DOUGH CONDITIONERS (MONO-DIGLYCERIDES, SODIUM STEAROYL LACTYLATE, ASCORBIC ACID, MONOCALCIUM PHOSPHATE), CARAMEL COLOR, CALCIUM SULFATE, ENZYMES, NONFAT DRY MILK, SOY FLOUR), LEAF LETTUCE.

CONTAINS: EGG, SOY, MILK, WHEAT



THICK EGG SALAD - 125778

Portland Sandwich Co. Portland, OR 97220