

Portland Sandwich



Peanut Butter & Jam

Nutrition Facts

Serving Size: 1 Sandwich (164g)

Servings Per Container: 1

Amount Per Serving

Calories 590 **Calories from Fat** 280

% Daily Value*

Total Fat 31g **48%**

Saturated Fat 6g **30%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 510mg **21%**

Total Carbohydrate 37g **12%**

Dietary Fiber 6g **24%**

Sugars 30g

Protein 17g

Vitamin A 0% • Vitamin C 0%

Calcium 4% • Iron 30%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

INGREDIENTS: PEANUT BUTTER (ROASTED PEANUTS, SUGAR, 2% OR LESS OF: MOLASSES, HYDROGENATED VEGETABLE OIL (COTTONSEED, SOY, RAPESEED), SALT), BREAD (ENRICHED UNBLEACHED WHEAT FLOUR (WHEAT & MALTED BARLEY FLOURS, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, WHOLE WHEAT FLOUR, YEAST, HIGH FRUCTOSE CORN SYRUP, 2% OR LESS OF: SALT, VEGETABLE OIL (CANOLA &/OR SOY), YEAST NUTRIENT (AMMONIUM SULPHATE), DOUGH CONDITIONERS (MONO-DIGLYCERIDES, SODIUM STEAROYL LACTYLATE, ASCORBIC ACID, MONOCALCIUM PHOSPHATE), CARAMEL COLOR, DISTILLED VINEGAR, EXTRACT OF MALTED BARLEY, DEXTROSE, CALCIUM PROPIONATE (MOLD INHIBITOR), CALCIUM SULFATE, ENZYMES, NONFAT DRY MILK, SOY FLOUR), JAM (STRAWBERRIES, SUGAR, GLUCOSE SYRUP, WATER, FRUIT JUICE, FRUIT PECTIN, CITRIC ACID, POTASSIUM SORBATE (PRESERVATIVE), XANTHAN GUM).

CONTAINS: PEANUT, SOY, MILK, WHEAT

PEANUT BUTTER & JAM - 123446



Portland Sandwich Co. Portland, OR 97220