

# Portland Sandwich



## Muffin Vanilla Chocolate

### Nutrition Facts

Serving Size: 1 item (156g)

Servings Per Container: 1

#### Amount Per Serving

**Calories** 690      **Calories from Fat** 340

**% Daily Value\***

**Total Fat** 38g      **58%**

Saturated Fat 22g      **110%**

Trans Fat 0g

**Cholesterol** 125mg      **42%**

**Sodium** 590mg      **25%**

**Total Carbohydrate** 79g      **26%**

Dietary Fiber 3g      **12%**

Sugars 48g

#### Protein 10g

Vitamin A 0%      •      Vitamin C 0%

Calcium 0%      •      Iron 0%

\* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

INGREDIENTS: SUGAR, ENRICHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, FERROUS SULFATE, NIACIN, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), EGGS, SOY OIL, WATER, MODIFIED CORN STARCH, CONTAINS 2% OR LESS OF THE FOLLOWING: EMULSIFIERS (PROPYLENE GLYCOL MONOESTERS, MONO & DIGLYCERIDES, SODIUM STEAROYL LACTYLATE, SOY LECITHIN), SALT, NONFAT MILK, LEAVENING (SODIUM BICARBONATE, SODIUM ALUMINUM PHOSPHATE, MONOCALCIUM PHOSPHATE), CHOCOLATE LIQUOR, PROCESSED WITH ALKALI, COCOA BUTTER, COCOA, SODIUM CASEINATE, XANTHAN GUM, LOCUST BEAN GUM, GUAR GUM, SORBITOL, CORN SYRUP, PECITN, POTASSIUM SORBATE, CALCIUM CHLORIDE, CITRIC ACID, AGAR, BETA CARATENE, VANILLA EXTRACT, PALM OIL, SODIUM TRISTEARATE AND FLAVORS).

CONTAINS: WHEAT, MILK, EGG, SOY. PRODUCED ON EQUIPMENT THAT ALSO PROCESSES PEANUTS AND TREE NUTS

MUFFIN VANILLA CHOCOLATE - 923299



Portland Sandwich Co. Portland, OR 97220