

# Portland Sandwich



## Muffin Chocolate

### Nutrition Facts

Serving Size: 1 item (156g)

Servings Per Container: 1

#### Amount Per Serving

**Calories** 690      **Calories from Fat** 340

**% Daily Value\***

**Total Fat** 38g      **58%**

Saturated Fat 11g      **55%**

Trans Fat 0g

**Cholesterol** 125mg      **42%**

**Sodium** 590mg      **25%**

**Total Carbohydrate** 79g      **26%**

Dietary Fiber 3g      **12%**

Sugars 48g

**Protein** 10g

Vitamin A 4%      •      Vitamin C 0%

Calcium 6%      •      Iron 15%

\* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

INGREDIENTS: SUGAR, ENRICHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, FERROUS SULFATE, NIACIN, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), EGGS, SOY OIL, WATER, CHOCOLATE LIQUOR, COCOA BUTTER, MODIFIED CORN STARCH, COCOA POWDER (PROCESSED WITH ALKALI), CONTAINS 2% OR LESS OF THE FOLLOWING: EMULSIFIERS (MONO & DIGLYCERIDES, PROPYLENE GLYCOL MONO & DIESTERS OF FATTY ACIDS, SODIUM STEAROYL LACTYLATE), LEAVENING (SODIUM BICARBONATE, SODIUM ALUMINUM PHOSPHATE, MONOCALCIUM PHOSPHATE), SALT, NONFAT MILK, SODIUM CASEINATE, ARTIFICIAL FLAVORS, XANTHAN GUM, LOCUST BEAN GUM, GUAR GUM, SOY FLOUR, EGG WHITES, SOY LECITHIN, VANILLA, CORN SUGAR, CORN STARCH, SOY FLOUR.

CONTAINS: WHEAT, MILK, EGG, SOY. PRODUCED ON EQUIPMENT THAT ALSO PROCESSES PEANUTS AND TREE NUTS



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MUFFIN CHOCOLATE - 923275

Portland Sandwich Co. Portland, OR 97220