

# Portland Sandwich



## Muffin Banana Nut

### Nutrition Facts

Serving Size: 1 item (156g)

Servings Per Container: 1

#### Amount Per Serving

**Calories** 640      **Calories from Fat** 290

**% Daily Value\***

**Total Fat** 32g      **49%**

Saturated Fat 4g      **20%**

Trans Fat 0g

**Cholesterol** 80mg      **27%**

**Sodium** 430mg      **18%**

**Total Carbohydrate** 81g      **27%**

Dietary Fiber 2g      **8%**

Sugars 32g

**Protein** 10g

Vitamin A 0%      •      Vitamin C 0%

Calcium 0%      •      Iron 0%

\* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

INGREDIENTS: SUGAR, ENRICHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, FERROUS SULFATE, NIACIN, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), EGGS, SOY OIL, MALTED BARLEY FLOUR, BANANAS, WATER, WALNUT OR PECAN, CONTAINS 2% OR LESS OF THE FOLLOWING: MODIFIED CORN STARCH, EMULSIFIERS (MONO & DIGLYCERIDES, PROPYLENE GLYCOL MONO & DIESTERS OF FATTY ACIDS, SODIUM STEAROYL LACTYLATE), SALT, NONFAT MILK, LEAVENING (SODIUM BICARBONATE, SODIUM ALUMINUM PHOSPHATE, MONOCALCIUM PHOSPHATE), SODIUM CASEINATE, XANTHAN GUM, LOCUST BEAN GUM, GUAR GUM, EGG WHITES, NATURAL & ARTIFICIAL FLAVORS, MODIFIED FOOD STARCH, TRICALCIUM PHOSPHATE, CORN SUGAR, CORN STARCH, PHOPYLENE, GLYCOL AZODICARBONAMIDE, CITRIC ACID, ASCORBIC ACID.

CONTAINS: WHEAT, MILK, EGG, SOY, TREE NUT. PRODUCED ON EQUIPMENT THAT ALSO PROCESSES PEANUTS AND TREE NUTS



MUFFIN BANANA NUT - 923251

Portland Sandwich Co. Portland, OR 97220