

Portland Sandwich



Muffin Apple Crumb

Nutrition Facts

Serving Size: 1 item (170g)

Servings Per Container: 1

Amount Per Serving

Calories 690 **Calories from Fat** 340

% Daily Value*

Total Fat 38g **58%**

Saturated Fat 11g **55%**

Trans Fat 1g

Cholesterol 110mg **37%**

Sodium 135mg **6%**

Total Carbohydrate 79g **26%**

Dietary Fiber 3g **12%**

Sugars 48g

Protein 10g

Vitamin A 0% • Vitamin C 0%

Calcium 0% • Iron 0%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

INGREDIENTS: SUGAR, ENRICHED WHEAT FLOUR (WHEAT & MALTED BARLEY FLOUR, FERROUS SULFATE, NIACIN, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), EGGS, SOY OIL, APPLES (SULFUR DIOXIDE), MODIFIED FOOD STARCH, HIGH FRUCTOSE CORN SYRUP, WATER, 2% OR LESS OF: EMULSIFIERS (MONO & DIGLYCERIDES, PROPYLENE GLYCOL, MONO & DIESTERS OF FATTY ACIDS, SODIUM STEAROYL LACTYLATE), LEAVENING (SODIUM BICARBONATE, SODIUM ALUMINUM & MONOCALCIUM PHOSPHATE), CINNAMON, LEMON JUICE, SODIUM BENZOATE, POTASSIUM SORBATE, CITRIC ACID, SALT, SPICES, SODIUM CITRATE, NONFAT MILK, SODIUM CASEINATE, ARTIFICIAL FLAVOR, XANTHAN GUM, LOCUST BEAN & GUAR GUM, EGG WHITES, CORN SUGAR & STARCH, SOY FLOUR.

CONTAINS: WHEAT, MILK, EGG, SOY. PRODUCED ON EQUIPMENT THAT ALSO PROCESSES PEANUTS AND TREE NUTS



MUFFIN APPLE CRUMB - 923244

Portland Sandwich Co. Portland, OR 97220