

Portland Sandwich



LDeli Ham Turkey & Cheddar

Nutrition Facts

Serving Size: 1 Sandwich (205g)

Servings Per Container: 1

Amount Per Serving

Calories 420 Calories from Fat 180

% Daily Value*

Total Fat 20g **31%**

Saturated Fat 5g **25%**

Trans Fat 0g

Cholesterol 35mg **12%**

Sodium 1390mg **58%**

Total Carbohydrate 42g **14%**

Dietary Fiber 1g **4%**

Sugars 8g

Protein 19g

Vitamin A 50% • Vitamin C 6%

Calcium 10% • Iron 15%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

INGREDIENTS: ROLL (WHEAT FLOUR UNBLEACHED ENRICHED (WHEAT & BARLEY MALTED FLOURS, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, HIGH FRUCTOSE CORN SYRUP, YEAST, VEGETABLE OIL (CANOLA &/OR SOY), 2% OR LESS OF: VITAL WHEAT GLUTEN, SALT, YEAST NUTRIENT (AMMONIUM SULFATE), DOUGH CONDITIONERS (MONO-DIGLYCERIDES, PROTEASE, SODIUM STEAROYL LACTYLATE, ASCORBIC ACID, AZODICARBONAMIDE), CALCIUM SULPHATE, ENZYMES, CALCIUM PROPIONATE (MOLD INHIBITOR), SESAME SEED, HAM, TURKEY (CURED WITH WATER, TURKEY BREAST, WHITE TURKEY, DEXTROSE, CORN SYRUP, WATER, SALT, MODIFIED FOOD STARCH, POTASSIUM LACTATE, SODIUMS (LACTATE, PHOSPHATE, DIACETATE, ERYTHORBATE & NITRITE), 2% OR LESS OF: SODIUM CITRATE, SUGAR, CARRAGEENAN, NATURAL FLAVORING), LEAF LETTUCE, MAYONNAISE (SOY OIL, CORN SYRUP, WATER, WHOLE EGG, EGG YOLKS, DISTILLED VINEGAR, 2% OR LESS OF: SALT, SPICE, LEMON JUICE CONCENTRATE), CHEDDAR CHEESE (CULTURED MILK, SALT, ENZYMES, ANNATTO (COLOR)).

CONTAINS: EGG, SOY, MILK, WHEAT



LDeli HAM TURK & CHEDDAR - 122487

Portland Sandwich Co. Portland, OR 97220