

Portland Sandwich



Italian Sub

Nutrition Facts

Serving Size: 1/2 Sandwich (114g)

Servings Per Container: 2

Amount Per Serving

Calories 230 **Calories from Fat** 100

% Daily Value*

Total Fat 11g **17%**

Saturated Fat 4g **20%**

Trans Fat 0g

Cholesterol 25mg **8%**

Sodium 810mg **34%**

Total Carbohydrate 22g **7%**

Dietary Fiber 1g **4%**

Sugars 3g

Protein 11g

Vitamin A 20% • Vitamin C 6%

Calcium 15% • Iron 10%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

INGREDIENTS: ROLL (ENRICHED UNBLEACHED WHEAT FLOUR (WHEAT & Malted Barley Flours, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, High Fructose Corn Syrup, Yeast, 2% OR LESS OF: Salt, Vital Wheat Gluten, Corn Meal, Vegetable Oil (Canola &/or Soy), Yeast Nutrient (Ammonium Sulphate), Dough Conditioners (Ascorbic Acid, Sodium Stearoyl Lactylate, Azodicarbonamide, Mono-Diglycerides), Calcium Sulfate, Enzymes, Calcium Propionate (Mold Inhibitor)), Roma Tomato, Leaf Lettuce, Peppercorn (Peppers, Water, Salt, Vinegar, Citric Acid, Sodium Bisulfite (Color), Sodium Benzoate, Yellow 5), Swiss Cheese (Pasteurized Milk, Cheese Culture, Salt, Enzymes), Italian Dressing (Water, Soy Oil, Distilled Vinegar, Sugar, 2% OR LESS OF: Salt, Xanthan Gum, Onion, Polysorbate 60, Garlic, Potassium Sorbate and Calcium Disodium EDTA (Preservatives), Bell Pepper, Spice), Ham, Salami, Peppercorn (Cured with Water, Beef, Pork, Salt, Dextrose, Corn Syrup, Modified Food Starch, Potassium Lactate, Sodiums (Lactate, Phosphate, Diacetate, Erythorbate, Nitrite & Ascorbate), 2% OR LESS OF: Natural Spices, Lactic Acid Starter Culture, Garlic Powder, Oleoresin of Paprika, BHA, BHT, Citric Acid), Red Onion.

CONTAINS: EGG, SOY, MILK, WHEAT



ITALIAN SUB - 224723

Portland Sandwich Co. Portland, OR 97220