

Portland Sandwich



Ham Works

Nutrition Facts

Serving Size: 1 Sandwich (234g)

Servings Per Container: 1

Amount Per Serving

Calories 410 **Calories from Fat** 120

% Daily Value*

Total Fat 14g **22%**

Saturated Fat 6g **30%**

Trans Fat 0g

Cholesterol 50mg **17%**

Sodium 1510mg **63%**

Total Carbohydrate 50g **17%**

Dietary Fiber 2g **8%**

Sugars 13g

Protein 23g

Vitamin A 40% • Vitamin C 8%

Calcium 30% • Iron 15%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

INGREDIENTS: BUN (ENRICHED UNBLEACHED WHEAT FLOUR (WHEAT & MALTED BARLEY FLOURS, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, SUGAR, YEAST, VEGETABLE OIL (CANOLA &/OR SOY), 2% OR LESS OF: VITAL WHEAT GLUTEN, SALT, XANTHAN GUM, YEAST NUTRIENT (AMMONIUM SULFATE), DOUGH CONDITIONERS (MONO-DIGLYCERIDES, SODIUM STEAROYL LACTYLATE, ASCORBIC ACID, MONOCALCIUM PHOSPHATE), CALCIUM SULFATE, ENZYMES, CALCIUM PROPIONATE (MOLD INHIBITOR), YELLOW CORN FLOUR, TURMERIC & ANNATTO WHICH IMPART COLOR, ONION, POPPY SEED), HAM (CURED WITH WATER, DEXTROSE, CORN SYRUP, SALT, MODIFIED FOOD STARCH, POTASSIUM LACTATE, SODIUMS (LACTATE, PHOSPHATE, DIACETATE, ERYTHORBATE & NITRITE), ROMA TOMATO, SAUCE (PASTEURIZED CULTURED CREAM, WHEY, MODIFIED FOOD STARCH, SODIUM PHOSPHATE, GUAR GUM, CARRAGEENAN & CAROB BEAN GUM, BASIL), LEAF LETTUCE, SWISS CHEESE (PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES), RED ONION.

CONTAINS: SOY, MILK, WHEAT



HAM WORKS - 120025

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