

Portland Sandwich



English Muffin Sausage

Nutrition Facts

Serving Size: 1 Sandwich (160g)

Servings Per Container: 1

Amount Per Serving

Calories 420 **Calories from Fat** 240

% Daily Value*

Total Fat 26g **40%**

Saturated Fat 9g **45%**

Trans Fat 0g

Cholesterol 170mg **57%**

Sodium 930mg **39%**

Total Carbohydrate 26g **9%**

Dietary Fiber <1g **4%**

Sugars 2g

Protein 14g

Vitamin A 6% • Vitamin C 0%

Calcium 15% • Iron 10%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

| | Calories: | 2,000 | 2,500 |
|--------------------|-----------|---------|---------|
| Total Fat | Less than | 65g | 80g |
| Sat Fat | Less than | 20g | 25g |
| Cholesterol | Less than | 300mg | 300mg |
| Sodium | Less than | 2,400mg | 2,400mg |
| Total Carbohydrate | | 300g | 375g |
| Dietary Fiber | | 25g | 30g |

INGREDIENTS: MUFFIN (ENRICHED UNBLEACHED WHEAT FLOUR (WHEAT & MALTED BARLEY FLOURS, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, YEAST, CORNMEAL, HIGH FRUCTOSE CORN SYRUP, 2% OR LESS OF: SALT, DISTILLED VINEGAR, VEGETABLE OIL (CANOLA OR SOY), YEAST NUTRIENT (AMMONIUM SULPHATE), DOUGH CONDITIONERS (PROTEASE, ASCORBIC ACID, MONO-DIGLYCERIDES), CALCIUM PROPIONATE & POTASSIUM SORBATE (MOLD INHIBITORS), CALCIUM SULFATE, ENZYMES, NONFAT DRY MILK), EGG PATTY (WHOLE EGG, WHEY, NONFAT MILK, SOY &/OR CORN OIL, 2% OR LESS OF: SALT, XANTHAN GUM, CITRIC ACID, PEPPER, NATURAL BUTTER FLAVOR), PATTY (PORK, WATER, SALT, SPICES, DEXTROSE, SUGAR, AUTOLYZED YEAST, NATURAL FLAVOR (CORN SYRUP SOLIDS, LIME JUICE SOLIDS, NATURAL FLAVOR), FLAVORING, TBHQ, BHT, CITRIC & LACTIC ACIDS), CHEESE (CULTURED & SKIM MILKS, WATER, CREAM, SODIUM CITRATE, SALT, SODIUM PHOSPHATE, SORBIC ACID (PRESERVATIVE), CITRIC ACID, ARTIFICIAL COLOR, ACETIC ACID, ENZYMES, SOY LECITHIN).

CONTAINS: EGG, SOY, MILK, WHEAT



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ENGLISH MUFFIN SAUSAGE - 024613

Portland Sandwich Co. Portland, OR 97220