

Portland Sandwich



Dave's Killer Chix-Prov

Nutrition Facts

Serving Size: 1 Sandwich (234g)

Servings Per Container: 1

Amount Per Serving

Calories 460 **Calories from Fat** 180

% Daily Value*

Total Fat 20g **31%**

Saturated Fat 4g **20%**

Trans Fat 0g

Cholesterol 50mg **17%**

Sodium 1170mg **49%**

Total Carbohydrate 46g **15%**

Dietary Fiber 9g **36%**

Sugars 9g

Protein 30g

Vitamin A 35% • Vitamin C 8%

Calcium 20% • Iron 20%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

INGREDIENTS: ORGANIC BREAD (WHOLE WHEAT (CRACKED WHOLE WHEAT, WHOLE WHEAT FLOUR), WATER, WHEAT FLOUR, BLUES MIX (SUNFLOWER SEED, ROLLED OATS, GROUND WHOLE FLAX SEED, BLUE CORNMEAL, UN-HULLED BROWN & BLACK SESAME SEED, DRIED CANE SYRUP (SUGAR), OAT FIBER, WHEAT GLUTEN, EXPELLER PRESSED CANOLA OIL, YEAST, SEA SALT, MOLASSES, CULTURED WHOLE WHEAT), CHICKEN (CHICKEN BREAST, WATER, 2% OR LESS OF: SALT, SUGAR, DEXTROSE, SODIUM PHOSPHATE, NATURAL FLAVORING), ROMA TOMATO, PROVOLONE CHEESE (PASTEURIZED MILK, CHEESE CULTURES, SALT, ENZYMES, NATURAL SMOKE FLAVOR), LEAF LETTUCE, MAYONNAISE PKT (SOY OIL, WATER, EGGS, DISTILLED VINEGAR, 2% OR LESS OF: CORN SYRUP, SALT, SPICE, LEMON JUICE CONCENTRATE, CALCIUM DISODIUM EDTA TO PROTECT FLAVOR), MUSTARD PKT (WATER, DISTILLED VINEGAR, MUSTARD SEED, SALT, TURMERIC, SPICES).

CONTAINS: EGG, SOY, MILK, WHEAT



DAVE'S KILLER CHIX/PROV - 123507

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