

Portland Sandwich



Chicken Bento Entree

Nutrition Facts

Serving Size: 1 item (320g)

Servings Per Container: 1

Amount Per Serving

Calories 390 **Calories from Fat** 30

% Daily Value*

Total Fat 3.5g **5%**

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 60mg **20%**

Sodium 690mg **29%**

Total Carbohydrate 55g **18%**

Dietary Fiber <1g **2%**

Sugars 10g

Protein 29g

Vitamin A 0% • Vitamin C 4%

Calcium 4% • Iron 15%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

INGREDIENTS: RICE (RICE, NIACIN, IRON (FERRIC ORTHOPHOSPHATE), THIAMIN MONONITRATE, FOLIC ACID), FAJITA STRIPS (CHICKEN BREAST, WATER, SEASONING (SALT, DEXTROSE, SPICE, MALTODEXTRIN, DEHYDRATED GARLIC, GRILL FLAVOR (FROM VEGETABLE OIL), MODIFIED FOOD STARCH & CORN SYRUP SOLIDS, ONION POWDER, NATURAL FLAVOR, SPICE EXTRACTIVES), MODIFIED FOOD STARCH, SODIUM PHOSPHATE), TERIYAKI SAUCE (WATER, SOY SAUCE (WHEAT, SOYS, SALT, SODIUM BENZOATE (PRESERVATIVE), HIGH FRUCTOSE CORN SYRUP, SHERRY WINE, BROWN SUGAR SYRUP, MODIFIED CORN STARCH, 2% OR LESS OF: SOY & SESAME OILS, DRIED ONIONS, CITRIC ACID, NATURAL FLAVORS).

CONTAINS: SOY, WHEAT

CHICKEN BENTO ENTREE - 225140



Portland Sandwich Co. Portland, OR 97220